



## Mentor Responsibilities

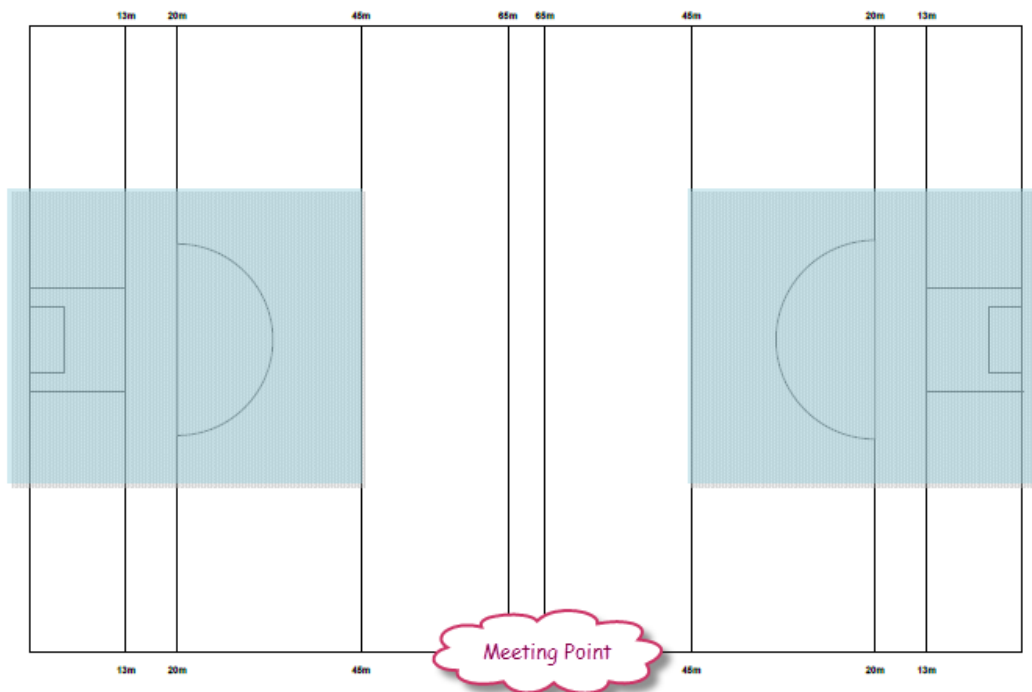
### Allocation of Facilities

A schedule of activities which will include pitch and dressing room allocations will be published on the club website each week. Teams must use the pitch and dressing rooms allocated to them.

### Pitches

The pitches in St Annes (P34 & P35) and St Pauls are modern sand based grass pitches. They have built in drainage which assists keeping them playable quickly after heavy rain. These pitches provide a good playing surface but they are grass and have to be treated as such to maintain the playing surface so that we can play the maximum number of games on them.

The pitches are not synthetic all weather surfaces and should not be treated as such.



**To help preserve the grass surface teams using these pitches must observe a number of guidelines**

Stay out of goalmouths except when necessary for specific shooting drills / match type drills - **see shaded area.**

The vast majority of drills should take place between the two 45s and close to the sidelines. This is typically the area of the pitch that gets least traffic during matches and as such usually has the best grass cover. High intensity drills should take place off the pitch if there is any risk that they will damage the surface.

Warm ups prior to training or matches must take place off the pitch.

When sending panel of players off for a warm up / warm down run or an extended run - direct them away from 34 / 35.



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**Kick outs** - The area on the 13metre line directly in front of the goals is subject to overuse and must be protected. Goalkeepers should be directed to kick the ball from different areas along the 13metre line - see extract from Treoir Oifigiúil which facilitates this;

*"(2.7 (a) When the ball is played over the end line by the Team attacking that end, or after a score is made, play is restarted by a kick-out off the ground from the 13m line and within the large rectangle.)"*

No ad-hoc training allowed by any squads, players or individuals - all sessions to be approved in advance by pitch management committee - make all players aware of this rule.

Players recovering from injury should not be doing their rehab running / exercises around 34 / 35 - they should be directed to other areas of the park.

Be mindful of the weather conditions on the day - what may be acceptable on a fine summer's day may be totally inappropriate on a wet winters day.

Be aware that pitches will be closed for maintenance during Easter break and summer break. We endeavour to ensure no games are missed during maintenance but training is normally suspended.

Explain to the players the reason for moving drills around - we need to increase good practice awareness.

### Pitch Housekeeping

There is a specific set of nets/flags for each pitch - use the correct set for your allocated pitch. The nets are configured and marked for each individual set of posts.

- **Nets** - Ensure they are taken down correctly (without damaging the toggles) and stored in the correct container.
- **Goalmouth Protectors** - If a goalmouth is being used then the protectors must be removed and stored against the ball catch netting posts behind the goals in an upright position to prevent a tripping hazard. Under no circumstances can the protectors be swivelled around the posts for convenience as this damages the posts and the net holders. The 3 locks on each set of protectors should be locked on the protectors when the proctors are off the posts as a number have gone missing while left unlocked. Finally ensure that goalmouth protectors are returned to locked position following a match or training session. The protectors are very easy to fit but are post specific and only go on one way. If you are having difficulty it is likely that you are putting them on incorrectly - have another look - do not force them into place.
- **Flags** - Ensure that the 16 match flags are accounted for and placed in the correct container. (Only 16 flags required for both hurling & football). For Hurling don't flag the 45's and for Football don't flag the 65's.
- **Unauthorised users** - Take responsibility for moving unauthorised pitch users along (whether members of the club or not).
- **Roping off Pitch 34 / 35** - There are drums of rope and stakes in the store room for roping off the pitches when a large number of spectators are expected. It is the responsibility of each set of mentors to organise the ropes to be setup and dismantled.



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### St Pauls

In the event that St Pauls Rugby Pitches are deemed unplayable by the college but matches are proceeding on the GAA pitch, the club have a responsibility to rope off the main Rugby pitch and direct all foot traffic around the pitch. Mentors need to ensure this is done if their team is using the GAA pitch.

Rugby Pitches / Soccer pitches not available for warm ups - rectangular area (50m x 25m approx.) bordered by rugby pitches, soccer pitch and GAA pitch to be used by both teams.



### Other pitches e.g. Pitch 7, Pitch 30 etc.

Keep out of goal areas for warm ups. Avoid doing drills etc that dig up the pitch on the pitch area - take them to the side i.e. off the pitch. Again most drills should be carried out between the 45s.

### Dealing with opposition on Match Days

One member of management team to be appointed on day to

- Direct opposition to their dressing room.
- Show them where to get water.
- Explain the rules regarding warm ups off the pitch
- Explain that it is the oppositions own responsibility to lock their dressing room door when leaving for game (Once we provide them with a key)

One set of dressing rooms to be used per home team / opposition pair. If two Clontarf team playing at the same time then each team management to take responsibility for one set of dressing rooms. Do not put two opposing teams in one set of dressing rooms



# Mentor Responsibilities

## Facilities

### Dressing Rooms

It is the responsibility of mentors to ensure that;

- Dressing rooms are brushed out and tidied up after each use. (the Home team must ensure their opponent's dressing room is clean and tidy after a game.)
- Dressing rooms are locked during games and training sessions. Ensure main entrance door to dressing rooms and store room are closed during games.
- all lights are turned off and dressing rooms are locked after each session
- Ensure dressing room keys are returned after match
- Check toilets and showers for running taps/ damage. Report any damage found.

### Floodlights - pitches 34 and 35

- Under planning permission the **Curfew** for pitch 34 and 35 floodlights is **9.30pm**.
- **Cost management** - only turn on lights that you require for your game or session. E.g. half the lights for a training session when limited numbers / activity. As soon as a session is finished switch off as many lights as possible immediately.
- If lights are **turned off accidentally** or go out during a session allow 10 minutes for bulbs to cool down before relighting

### Ice Machine

Ice Making Machine - be sensible - Don't use machine for a small amount of ice -

### Bicycles

No bicycles allowed in dressing rooms or store room

## Gear

### Jerseys

Mentors are responsible for ensuring that all jerseys are returned by players following each match. Mentors must ensure that jerseys are washed immediately after each use. It is not acceptable to ask players to represent the club in jerseys that have not been washed.

## Engagement with Club

### Mentors are required to

- Comply with all Clontarf GAA club Codes , Policies and Behaviours
- Comply with all CLG Codes , Policies and Behaviours
- Be a paid up member of Clontarf GAA
- Be Garda Vetted
- Attend a Code of Best Practice Course or other courses as deemed appropriate by the club executive or CLG.
- Comply with Policy on texting
- Claim Expenses via proper form - Expenses should be claimed at least twice annually.
- Process Medical claims on time
- Process gear requisition via proper form
- Comply with direction of club Executive with regard to players not playing / training if the players are not paid up

**General Message** - Respect all club facilities / equipment / rules.